

Nitrous Oxide and Oral Sedation Patient Information

Please come at least 15 minutes before your scheduled appointment to fill out the necessary paperwork and consent forms!

Insurance and Payment

For your convenience, we offer Direct Billing, and at the end of your appointment, we will send the necessary forms to your insurance on your behalf. We require a valid credit card on file to offer this service to you. If there is a remaining balance of less than \$200 after we receive the insurance payments, we will charge your credit card. If there is a balance greater than \$200, we will inform you before your credit card is charged.

Please be advised that your insurance policy is a contract between you and your insurance company and it is the patient's responsibility to find out their insurance coverage details. We are happy to submit a predetermination to your insurance so that you will be aware of the portion your insurance will pay towards your procedure.

Appointment Cancellations/Reschedules

We require **24 hours' notice** if you need to cancel or reschedule your nitrous oxide and oral sedation appointment so that we may offer your appointment time to another patient waiting for treatment. Please be advised that there is a **\$52 short notice cancellation/no show fee** if we do not receive the proper notice.

After Hours Emergencies

If you are experiencing severe pain, bleeding that cannot be controlled and/or swelling in your mouth or around the face/neck, please call us at 306-525-2577 and follow the prompts or proceed to the nearest emergency room.

In the unlikely even that you are unable to reach us and have urgent concerns, please proceed to the hospital. If you do need to see your doctor or have visited the hospital within 10 days of your appointment with us with concerns in regards to your procedure – **our office must be notified.**

Pre-Operative and Post-Operative Instructions for Nitrous Oxide and Oral Sedation



It is very important that you read and understand these instructions for your safety! Please let us know if you have any questions regarding these instructions.

FOR YOUR SAFETY - PLEASE LET THE OFFICE KNOW IF YOU CURRENTLY HAVE OR RECENTLY HAD AN UPPER RESPIRATORY CONDITION (A COLD/COUGH, BRONCHITIS, ETC.)

Day/Night Before Your Appointment

1. **DO NOT** eat or drink anything **8 hours prior** to your appointment. This includes absolutely no liquids (including water) and no food of any kind. This can result in rescheduling your appointment for your safety.
2. **DO NOT** drink any alcoholic beverages, use any tobacco products or take any recreational drugs the day before your appointment. This can affect the way the sedative medications work and can be very dangerous.
3. **DO NOT** use any antihistamines (allergy medications such as Benadryl and Reactine) 24 hours prior to your appointment.
4. Eat a light, easily digested meal the night before your appointment and get a good night's rest.

★ Ensure that you have made arrangements for a **responsible relative or friend over the age of 18 who can drive** to accompany you to your appointment, and take you home after, and remain with you for the first 18 hours after your procedure! Please read the instructions for after your appointment for restrictions with nitrous oxide and oral sedation!

Day of Your Appointment

1. If you take any medications on a regular basis, it is permitted to take them as usual but only take a small **SIP** of water if needed, **NOT A GLASS!**
2. Please remove jewellery or valuables and leave them at home. We are not responsible for lost or stolen items.
3. If you have gel or acrylic nails or if you wear nail polish, please remove it from the left index finger so we can effectively monitor your vitals.
4. Avoid wearing lipstick or excessive facial makeup.
5. Wear a loose, short sleeved shirt and loose comfortable clothing.
6. If you wear contact lenses, you must take them out before your appointment. Please wear your glasses.
7. If any unforeseen medication or drug has been taken by accident, you must inform the office as soon as this is realized.

After Your Appointment

If you need to reach us after our office hours, please call us at 306-525-2577 and follow the prompts.

In the unlikely even that you are unable to reach us and have urgent concerns, please proceed to the hospital. If you do need to see your doctor or have visited the hospital within 10 days of your appointment with us with concerns in regards to your procedure – **our office must be notified.**

1. Please rest and take it easy as you may feel tired for the rest of the day.
2. You must not travel home by bus, taxi, or by walking home yourself. You will only be permitted to leave the clinic accompanied by your ride.
3. Your responsible adult/ride must stay with you for at least 18 hours after your appointment. The sedative medications used will affect your coordination, memory, and judgment and for at least 24 hours after your appointment, you must not drive or operate heavy machinery, make important decisions, or drink any alcohol, use recreational drugs, or take any sleeping pills.